



THE COUNTY OF KAUAI

DEREK S. K. KAWAKAMI, MAYOR

MICHAEL A. DAHILIG, MANAGING DIRECTOR

News Release

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County Health & Wellness Fair scheduled for Sept. 6

LĪHU'E – The public is invited to attend the County of Kaua'i's Health & Wellness Fair sponsored by the County of Kaua'i Housing Agency and Life's Choices Kaua'i. This year's theme is "Together We Are Stronger."

The event will be from 9 a.m. to 2 p.m. on Sept. 6 at the Kaua'i Marriott Resort in Līhu'e and will feature 60 vendors. The fair will focus on the eight dimensions of health: physical, emotional/mental, social, spiritual, intellectual, occupational, financial, and environmental.

"Every year, hundreds of people attend our Health & Wellness Fair to learn how to improve their health and well-being," said Life's Choices Kaua'i Coordinator Theresa Koki. "The fair not only gives people access to dozens of organizations aimed at helping them to improve their lives, but it also offers programs that are designed to motivate employees or clients to lead healthier lifestyles and can help to reduce healthcare costs."

Information about services for people of all ages will be available at the fair. Services include health and wellness programs, financial planning, domestic violence and suicide prevention, alcohol and drug prevention, emergency prevention and preparedness, and more.

In addition, there will be free blood pressure screenings and flu shots will also be administered.

For more information about the fair, please contact Life's Choices Kaua'i at 241-4925 or via email at tkoki@kauai.gov.



If you need an auxiliary aid/service or other accommodation due to a disability, contact Theresa Koki at 241-4925 and tkoki@kauai.gov as soon as possible. Requests made as early as possible will allow adequate time to fulfill your request.

Upon request, this notice is available in alternate formats such as large print, Braille, or electronic copy.

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